

**ABSTRACT**

**A light-diffusing sheet of the present invention comprises a light-diffusing layer, which is made of a resin coating layer having a minute unevenness formed on a surface thereof, is formed on at least one side of a transparent film. The transparent film includes a thermoplastic resin (A) having a substituted and/or non-substituted imido group in a side chain, and a thermoplastic resin (B) having a substituted and/or non-substituted phenyl group and nitrile group in a side chain. The light-diffusing sheet of the present invention exhibits almost no birefringence and excellent in adhesion and durability. And a light-diffusing sheet of the present invention having a ratio of an internal haze value to a total haze value of the light-diffusing sheet (internal haze value/total haze value) is 0.5 or more and less than 1 and the total haze value is in the range of from 30% to 70% is preferable, even in a case of application to a high definition LCD, suppressing a screen glittering phenomenon and whitening hardly seen while maintaining antiglareness.**